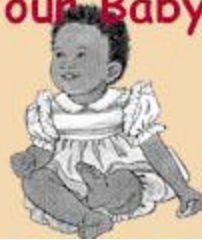
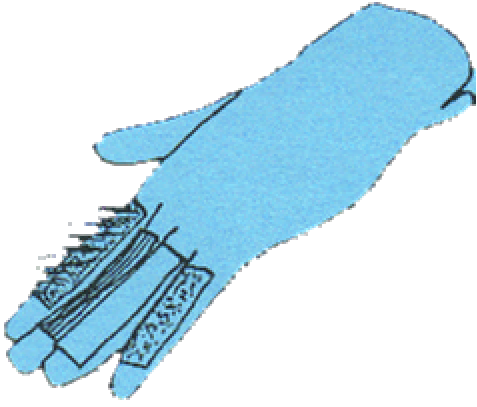


Communicating With Your Baby Through Play

3 to 6 months



- **curiosity...** When baby is between 3 and 6 months old, he is very curious about the world all around.
 - He spends a lot of time babbling, cooing, and "talking" with you.
 - He is learning to roll over and learning to sit with your support.
 - He likes to be held and talked to while you're feeding him.
 - He puts just about everything in his mouth, so you have to make sure he doesn't get hold of something small.
 - He likes to be touched and is excited about hearing your voice.
- **playing with your baby...**
 - Play "This little piggy":
 - This little piggy went to market
 - This little piggy stayed home
 - This little piggy had roast beef
 - This little piggy had none
 - This little piggy said, "Wee, wee, wee!"
 - All the way home.
 - Slowly stick your tongue out and watch to see her try to copy you. Try smiling, closing your eyes, and making simple sounds, too.
 - When she is lying on her back, stroke and tickle her. See if you can make her smile and laugh.
 - Pick her up and show her all the exciting things that can be seen outside the window.
 - When she makes a sound, copy it. See what happens. She may continue making the sound to keep the game going.



• **how about.....a textured glove.**

Take one of your old gloves and sew a piece of fabric scrap to the outside of each finger of the glove. Use fabric scraps that feel different:

- felt
- fur
- silk
- burlap
- courduroy
- netting

Put the glove on your hand. Let him grab each one of your fingers. How does each finger feel? Be careful - the fabric pieces may cause choking if he chews on the fingers.

He or She?

We give equal time and space to both sexes! That's why we take turns referring to babies as "he" or "she." So keep in mind that even if we say "he" or "she" we are talking about all babies.

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